



St Matthew with St Paul
Pilgrims on a journey

5 August 2018
The 10th Sunday after Trinity

Welcome

A warm welcome to everyone, and especially if you are new or visiting. Do please stay on for drinks and to meet people after the 9.30 and 11.15 services and keep this welcome sheet for your prayers this week.

Prayer

- with the Anglican Communion we pray for the Scottish Episcopal Church; for Archbishop Justin; for Bishops Tim, Jonathan and David
- for the Sisters of St Andrew in Lyons, among them Sister Katie Seal, as she begins the second week of a 30-day silent retreat at Le Châtelard
- our mission giving: £150 for Langley House Trust, providing offender rehabilitation services and running 'Pathways to Change', a residential and drop-in programme in Otterbourne
- for all those affected by wildfires, in the USA, Greece, Sweden and elsewhere; for those injured and bereaved; for firefighters; for international work on combatting climate change
- for the parish group going to New Wine today; for spiritual refreshment and deepening of friendships
- giving thanks for the beautiful city we live in, and for our friends and families
- all whose experience of life and other people leads them to be fearful and unable to trust; our calling as a local church to be a place of safety, security and genuine kindness
- all who struggle to make ends meet, especially those with dependents
- the unwell: Caroline Behan, Vera Edwards, Andrew James, Julia Jones, Anna McKenzie (age 11), Emma and Mark Miller, Kate Morgan, Michael Pain, Jean Reeder, Jane and Philip Seal (Peter's parents) and Diane and Richard Steadman. All awaiting appointments or treatments
- those who have died recently; all who live with the pain of untimely death; God's comfort for their families and friends

Please feel free to put prayer requests on the board at the back of church or e-mail them to admin@stmatthewstpaul.org.
St Paul's Lady Chapel is set up for prayer, either alone or with one of the prayer ministry team, after the 9.30 parish communion service.

Services today, 5 August

8 am
St Paul's

[BCP] Holy Communion

Readings: p. 172



9.30 am
St Paul's

Family Communion with DIY crèche

Order of service in cream booklet

Collect

Lord, giver of lasting life,
satisfy our hunger through Christ, the Bread of Life,
and quench our thirst with your gift of belief,
that we may no longer work for food that perishes,
but believe in the One whom you have sent.
We ask this through our Lord Jesus Christ, your Son.
Amen.

Reading

John 6: 24–35 [p. 641]

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent'. So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always'.

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'



**Post
Communion**

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.
Amen.

11.15 am
St Matthew's

[BCP] Holy Communion

Readings

Exodus 16: 2–4, 9–15 [p. 639]

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger'.

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining"'. And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God"'.
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In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat'.

John 6: 24–35 [p. 641]

See above

Services next Sunday, 12 August

The 11th Sunday after Trinity

8 am St Matthew's	[BCP] Holy Communion <i>Readings: p. 174</i>
9.30 am St Paul's	Parish Communion <i>Readings: Ephesians 4: 25–5: 2; John 6: 35, 41–51</i> <i>[p. 645]</i>
11.15 am St Matthew's	[BCP] Mattins <i>Readings: Ephesians 4: 25–5: 2; John 6: 35, 41–51</i> <i>[p. 645]</i>

The week ahead

Sun 5–Sat 11	New Wine holiday	Shepton Mallett
Mon 6, 4.30 pm	Evening Prayer	Lady Chapel
Tues 7, 4.30 pm	Evening Prayer	Lady Chapel
Wed 8, 11 am	[BCP] Holy Communion	St Matthew's
4.30 pm	Evening Prayer	Lady Chapel
8.30 pm	Men's group	Roebuck Inn
Thurs 9	Magazine deadline	
9.30–11.30 am	Toddler group	Parish rooms
Fri 10, 9.30 am–noon	St Paul's Coffee Pot	St Paul's

Diary dates

August

Mon 13, 8.30 am	<i>Building for Life</i> steering group	St Paul's
Tues 14, 7 pm	Women's group	Roebuck Inn
Fri 31–Sun 2	Parish camping	Avon Tyrrell

September

Tues 4, 7.45 pm	PCC meeting	St Paul's
Wed 5, 3.30 pm	<i>Beyond Ourselves</i> committee	Parish rooms
Thurs 6, 2.30 pm	St Matthew's planning group	Southwick Close
Sat 8, 10 am–6 pm	Ride + Stride	Both churches
Sun 9, 11.30 am	Teddy Bears' Picnic	St Paul's
Mon 10, 7.30 pm	<i>Building for Life</i> fund-raising group	Vestry
Wed 12, 7.45 pm	Children's work team	Bereweke Rd
Thurs 13, 2.30 pm	Thanksgiving for life of Peter Dixon	St Paul's
Sat 22	Clarendon Way sponsored walk	
Sun 30	Harvest Festival	Both churches

October

Fri 5–Sun 7	Men's weekend	Hilfield Friary
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Coming up

Christian meditation will resume at the start of September. Grateful thanks to Kathleen Freeman, Harriet Hide for organising and hosting it.

Winchester Cathedral Flower Festival returns 5–9 September, with spectacular floral displays inspired by the illuminations in the magnificent 12th-century Winchester Bible. Group tickets (for 15 or more) and single admission (£7–12) from 857275, cathedral box office or online; book in advance to avoid the queues!

Ride + Stride On Sat 8 September, 10 am–6 pm, thousands of people will cycle, walk, run or drive to raise money for Hampshire and the Isle of Wight's historic churches and chapels – a wonderful opportunity for families and friends to discover their rich heritage. Participants seek sponsorship to visit as many churches on the yearly list as they wish; half the money they raise goes to the church of their choice and the rest to the Hampshire and the Islands Historic Churches Trust. Our parish has been the very grateful recipient of funds raised in this way, supporting the new toilet extension at St Matthew's and before that refurbishment of the bell and canopy at St Paul's.

Volunteers are needed to welcome Ride + Striders at both churches on 8 September. Please sign up at the back of church. Any queries to heather.ellis933@gmail.com, 07933 477213, please.

Nightshelter garden party on Sat 8 September, 11 am at Milner Hall. This year is a special one, marking 30 years since the Nightshelter was founded. Join fellow supporters and current and former staff, residents and volunteers to celebrate its journey over three decades and its evolution from camp beds in church halls to the almost 24/7 service offered today in dedicated premises on Jewry Street. If you'd like to attend, please contact admin@wcns.org.uk.

What is God's plan for me? Find out about the range of ministries, both lay and ordained, available to you in the diocese of Winchester. Join David Williams, Bishop of Basingstoke, and the diocesan vocations advisor, for a vocations morning at All Saints', Odiham, on Sat 15 September, 9.30 am–noon. Contact Lynda.mumford@winchester.anglican.org, 710983.

Prayer in challenging and creative contexts A diocesan prayer day on Sat 15 September, 9.30 am–4.15 pm at Old Alresford Place, with leading speakers from across the UK. Sessions include 'Prayer and mental health', 'Prayer, community mission and urban margins', 'Prayer, the arts and public spaces', 'Prayer spaces in schools' and 'Pilgrim prayers'. Further information from sllloydcloud@icloud.com; book (£10) at www.eventbrite.co.uk.

Notices

Many grateful thanks from Vera Edwards 'For all the cards and visits I received in hospital and at home. A special thank you to Peter Seal and Laura Watson for organising the 'meal train'. A huge thank you too to all those cooks for their delicious meals, which we enjoyed so much. I look forward to being back in church with you all again soon.'

Flowers The flowers this week have been specially commissioned by Jeremy and Maggie Brecknell to celebrate their golden wedding anniversary – congratulations! If anyone would like to sponsor a celebratory arrangement at another time, please contact Sarah Eadie, sarah.eadie@hotmail.co.uk, 624259.

Money counter Many thanks to Irene Casey for taking on this volunteer role.

Children's activities on summer Sundays Mary Copping would welcome offers to lead or help on 29 August. Please volunteer via the sign-up sheet at the back of St Paul's. Many thanks.

Lost property Please check through the lost property displayed in the south aisle. Anything still remaining at the end of August will be given to charity.

Nightshelter Tesco votes When you shop at Tesco stores in the Winchester area, please vote for the shelter via the Tesco Bags of Help community fund – ask each time for a blue token. Until Fri 31 August, your vote will help them to receive up to £4,000 to help refurbish all ten of the Nightshelter's bedrooms. The residents' rooms are in constant use and can get worn very quickly. The funding will allow complete refurbishment, with new cupboards, curtains, paint – the works!



Nightshelter donations Please leave donations of sun cream, men's sun hats, shorts and t-shirts, shaving foam, spray deodorant, black bin bags, instant coffee, granulated sugar, tinned custard, metal scourers and toilet cleaner in the box at the back of St Paul's.

Trinity Centre Donations of men's and women's casual clothes, shoes and warm items appreciated; contact lucy@trinitywinchester.org.uk.

Winchester women's refuge A safe haven for women and children fleeing domestic abuse. Please help by leaving towels and toiletries in the box at the back of church.

Plastic bottle tops – let's fill another crate! Help reduce plastic waste and raise money for a local charity – Friends of Lanterns, supporting the nursery school on Bereweek Road. Please put washed plastic tops in the crate at the back of St Paul's. They must be type 2 or 4, as marked within the recycling triangle.



Interested in meeting people/getting involved?

- *Twirties group* for 20s and 30s, meeting monthly on Sunday evenings; please contact Katy Charles, twirtiesstpauls@gmail.com
- *Women's group* next meets Tues 14 August, 7 pm, at the Roebuck for supper; please contact Julia Seal, 854849, julia.seal@ntlworld.com
- *Men's group* next meets Wed 8 August, 8.30 pm, at the Roebuck for a drink and a chat; please contact Chris Sharp, 849186, chrisharp@gmail.com
- *Tea with Friends* on the second Monday of the month, 2.30–4.30 pm; please contact Linda Russell-Smith, 853584, or Heather Riley, 862867
- *St Paul's Coffee Pot* next meets Fri 10 August, 9.30 am–noon in St Paul's, for real coffee, homemade cakes and a chat (donations to *Building for Life*); children welcome
- *Daytime book group* meets monthly, 2.30 pm; please contact Talia Hedstrom, 868728, or Christine Bennett, 852681
- *Meditation group* has a break during August, restarting in September
- *Tuesday homegroup* meets on the first and third Tuesdays of the month, 7.45–9.15 pm, and will continue during August; for further information please contact James Clay, 852141
- *Thursday homegroup* meets fortnightly, restarting in September; please contact Peter and Irene Casey, 808776

Building for Life update

Fund-raising news: we are grateful to Rank Foundation for awarding us a Pebble Grant of £3,500 (thanks to Angus Watson for preparing this application). This week requests have gone off to the Hintze Family Charity Foundation and the Congregational and General Charitable Trust.

Community appeal: the sum raised now stands at over £4,750.

*God our Father,
we give you thanks for all the blessings
you have shown your people in this city and this parish.
We seek your continued guidance
on our journey as pilgrim people.
We ask that through your Holy Spirit
you will bless our efforts
to embrace the Building for Life campaign.
Open our hearts and minds
as we take these next steps
and so enable us to continually grow
as a community of believers. Amen.*

To donate, text PAUL05£5 or PAUL05£10 to 70070

Contact us

Canon Peter Seal, Rector

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Ursula Payne, Rector's Assistant & *Building for Life* Administrator

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Parish Office (generally open M, W, F, 9.30–3), St Paul's Church, St Paul's Hill,
Winchester SO22 5AB www.stmatthewstpaul.org

Please make cheques payable to St Matthew's PCC – all gifts gratefully received

Please send in any notices for the welcome sheet to ursula@stmatthewstpaul.org
by Wednesday evening for inclusion the following Sunday